



KGV

sodexo
at SCHOOL

MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE SPEAK TO A STAFF MEMBER

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS







A Healthy and Balanced Diet Every Day!

Scan QR code to follow & visit us



Sodexo
Hong Kong Website



Sodexo
Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

March 9 - 13

WEEKLY MENU



09/03 Monday

10/03 Tuesday

11/03 Wednesday

12/03 Thursday

13/03 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in 	Japanese Style Curry Chicken w/ Rice	Grilled Chicken Steak in Gravy w/ Rice	Chicken Fricassee w/ Rice OR Pasta 	Braised Pork Spare Ribs in Dark Vinegar w/ Rice	Tori Karaage w/ Cross Trax Fries [\$47]
Meal B \$41 Takeaway \$38 Dine-in	Tomato & Pork Stew w/ Pasta OR Rice	Pork Shogayaki w/ Rice	Braised Beef & Enoki & Assorted Mushroom w/ Rice	Baked Fish Fillet in Tomato Concasse w/ Rice	Beef Bourguignon Pasta
Meal C \$38 Takeaway \$35 Dine-in 	(Vegan) Stir-fried Assorted Vegetable & Yam w/ Rice	(V) Pumpkin Alfredo Pasta 	(Vegan) Assorted Organic Veggie Ratatouille Pasta 	(V) Truffle Mushroom Sauce Pasta 	(V) Braised Tomato & Scrambled Egg w/ Rice

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

Bowl \$41 	Stir-fried Flat Rice Noodle w/ Beef	Taiwanese Soup Noodle w/ Beef Brisket (Pre-order Available) 	Japanese Char Siu Ramen (Pre-order Available) 	Shanghainese Soup Noodle w/ Shredded Chicken (Pre-order Available)	Taiwanese Braised Minced Pork & Boiled Egg w/ Rice
-------------------------	--	---	--	--	---

LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36 	Grilled Bacon Caesar	Mediterranean Chopped Salad w/ Chicken 	Mixed Kale Salad w/ Parma Ham in Italian Dressing	(V) Japanese Cold U-don in Sesame Dressing	Potato & Chicken Salad in Thousand Island Dressing
------------------------------	----------------------	---	--	---	---

PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30 	Pepperoni & Cheese	Bacon & Cheese 	Chicken & Mushroom 	Ham & Cheese 	Meat Lover
Pizza B (Vegetarian) \$30 	(V) Trio Cheese	(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



March 9 - 13

WEEKLY MENU



09/03 Monday			10/03 Tuesday			11/03 Wednesday			12/03 Thursday			13/03 Friday			
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Japanese Style Curry Chicken			Grilled Chicken Steak in Gravy			Chicken Fricassee			Braised Pork Spare Rib in Dark Vinegar			Tori Karaage w/ Cross Trax Fries		
	165	6	8	143	10	4	164	8	9	179	9	9	269	10	15
Meal B	Tomato & Pork Stew			Pork Shogayaki			Braised Beef & Enoki Mushroom			Baked Fish Fillet in Tomato Concasse			Beef Bourguignon Pasta		
	157	11	6	162	10	6	155	10	7	144	11	4	192	15	10
Meal C	Stir-fried Assorted Veggie & Yam			Pumpkin Alfredo Pasta			Assorted Organic Veggie Ratatouille			Truffle Mushroom Pasta			Braised Tomato & Scrambled Egg		
	124	4	4	161	4	9	103	3	2	198	6	12	124	5	4
Bowl	Stir-fried Flat Rice Noodle w/ Beef			Taiwanese Soup Noodle w/ Beef Brisket			Japanese Char Siu Ramen			Shanghainese Soup Noodle w/ Shredded Chicken			Taiwanese Braised Minced Pork & Boiled Egg w/ Rice		
	166	10	8	158	8	9	211	12	12	128	11	5	144	7	7
Salad Box	Grilled Bacon Caesar			Mediterranean Chopped Salad w/ Chicken			Mixed Kale Salad w/ Parma Ham			(V) Japanese Cold U-don in Sesame Dressing			Potato & Chicken Salad in Thousand Island Dressing		
	196	10	13	150	2	11	185	8	13	165	10	5	175	10	13



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

